



SASS®

Sexual Trauma 1st Aid

Hobart: Tuesday 21 September, 9:30am – 1:30pm

Royal Tasmanian Botanical Gardens, Banksia Room

Launceston: Tuesday 23 September, 9:30am – 1:30pm

Launceston Conference Centre

Ticket cost: \$150 per person including GST

Book tickets online at <https://www.trybooking.com/eventlist/sassworkshops>

This 4-hour essential workshop helps to raise understanding of sexual assault in our community and offers vital skills for handling disclosures of sexual harm.

The workshop will focus on empowering anyone in a 'helping profession / helping role', providing practical skills and evidence-based knowledge to respond to a disclosure in a trauma-informed 'best-practice' manner.

Topics include:

- SASS overview and referral pathways
- Awareness raising of sexual harassment and assault
- Overview of trauma informed practice principles
- Socio-cultural factors that drive sexual harm
- Neurological impact of trauma
- How to respond to disclosures of sexual harm
- Basic interventions for trauma symptoms
- Basic self-care strategies



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All SASS training events are conducted in respectful and non-judgmental ways, which recognise and celebrate diversity. All learning material is delivered in accordance with the BlueKnot Foundation's principles of trauma-informed practice.

Each workshop can facilitate a minimum of 16 and maximum of 25 participants.

We acknowledge the Palawa people as the traditional custodians of the land on which we learn and work together and are committed to building relationships and opportunities for all Aboriginal people in our region.

Call (03) 6231 0044 or email training@sass.org.au for more information

SASS OFFERS SPECIALISED PROFESSIONAL DEVELOPMENT WORKSHOPS TO EMPOWER PARTICIPANTS WITH SKILLS TO MINIMISE HARM AND ASSIST OTHERS IN TRAUMA RECOVERY.