



PAST Program Training

Harmful Sexual Behaviour - An Overview for Educators 3 Hour Workshop

Workshop outline

This workshop will focus on empowering staff with practical skills and evidence-based knowledge to identify harmful sexual behaviours (HSB) and to respond to these behaviours in a trauma-informed 'best-practice' manner. They will also review protective behaviour skills, self-care strategies and strategies to manage vicarious trauma. Workshop topics include:

- SASS overview and referral pathways
- Awareness raising of information about sexual harm
- Understanding myths around HSB
- Understanding 'normal' sexual development in children
- Identifying and responding to problematic sexual behaviours (PSB) and sexually abusive behaviours (SAB)
- Assessing risk and safety planning
- Overview of protective behaviours
- Self-care and reducing the impacts of vicarious trauma behaviour

Outcomes for participants

- Improved knowledge of support options including SASS services
- Improved understanding of how to create and manage safety for children
- Increased understanding of sexual behaviours in children
- Improved ability to recognise and respond to problematic sexual behaviours and sexually abusive behaviours
- Improved staff capacity in responding to disclosures of sexual harm
- Improved ability to manage vicarious trauma and enact self-care strategies

PAST Program Training

Workshops delivered through the PAST Program are provided under a funding grant from the Department of Communities, Tasmania and are offered by invitation to relevant organisations across Tasmania. **Bookings are essential.**

We anticipate high demand for these workshops. If you confirmed a space but are unable to attend **please cancel your booking** in TryBooking.com - this will ensure your spot can be allocated to someone else.

If you have any questions please contact us by email at pasttraining@sass.org.au

SASS OFFERS SPECIALISED PROFESSIONAL DEVELOPMENT WORKSHOPS TO EMPOWER PARTICIPANTS WITH SKILLS TO MINIMISE HARM AND ASSIST OTHERS IN TRAUMA RECOVERY.