



SASS®

PAST Program Training

Advanced Keeping Kids Safe 2 Day Workshop (6 hours per day)

Workshop Outline

The majority of sexually abusive behaviour involving children is carried out by people within the child's circle of family and friends. Reports of this abuse being carried out by other children and young people is on the increase, creating new challenges for those of us working with children.

In this workshop we will describe the building blocks of effective communication skills integral to the development of protective behaviours.

Good communication is the vital link between the inner world of children and their parents, carers and support workers. When we create positive relationships with children through effective communication the likelihood of their being abused decreases and opportunities to disclose are increased.

Receiving a disclosure from a young person can be an overwhelming and challenging moment. It is also a privileged moment in which we have the opportunity to take action that will have a lasting impact on that young person. We will look at responding to disclosures via a trauma informed lens, taking into consideration the young person's attachment history and the importance of our own reactions and responses in the moment.

Participants will build their understanding of problem sexual behaviours (PSB) and sexually abusive behaviours (SAB). Reference will be made to developmentally normative behaviours and the difference between PSB/SAB will be clarified.

While young people displaying PSB/SAB pose a risk to other children, they also require support for themselves. Early intervention and recognition of these behaviours is the best way to maximise positive outcomes.

DAY ONE

Identify and describe PSB and SAB

Differentiate normative sexual development from problematic behaviours

Risky and harmful behaviours are the problem, not the young person.

Support the development of protective behaviours amongst young people

Respond effectively to disclosures

Basic understanding of trauma theory and trauma informed practice

Commonly used tools in grounding and de-escalating clients exhibiting trauma related symptoms

DAY TWO - ADVANCED

Aetiology of sexually abusive and problematic behaviours

Introductory assessment and treatment tools for PSB/SAB

Safety planning for children and young people exhibiting PSB/SAB

PAST Program Training

Workshops delivered through the PAST Program are provided under a funding grant from the Department of Communities, Tasmania and are offered by invitation to relevant organisations across Tasmania. **Bookings are essential.**

We anticipate high demand for these workshops. If you confirmed a space but are unable to attend **please notify us** so that the space can be offered to someone else.

If you have any questions please contact us by email at pasttraining@sass.org.au

SASS OFFERS SPECIALISED PROFESSIONAL DEVELOPMENT WORKSHOPS TO EMPOWER PARTICIPANTS WITH SKILLS TO MINIMISE HARM AND ASSIST OTHERS IN TRAUMA RECOVERY.