

Our service is called Melaleuca House after the Melaleuca tree - a diverse Australian species that can survive the harshest of conditions. Some Melaleuca have a distinct 5-vein pattern on the leaf - similar to the five strand service we offer.

- Counselling
- Crisis support
- Group work / training
- Resources
- Community education

The Melaleuca, like sexual assault survivors, demonstrates resilience and strength to overcome trauma. It possesses great recovery and inner healing qualities, mirroring the potential for self healing within each individual.



Melaleuca House

Melaleuca House provides individual counselling and group programs for any survivors of sexual assault, family members and their support people.

The service is located at 95-97 Campbell Street, Hobart and is open Monday to Friday, 9am - 5pm. Please phone (03) 6231 1811 to make an appointment.

The Crisis Support Service provides crisis counselling, support with police statements, and coordinates medical and/or forensic examinations if required for victims of recent sexual assault of all ages.

24 hours 7 days a week (03) 6231 1817.

Galileo House provides counselling and support for children and young people who have been subjected to sexual abuse.

73 Federal St., North Hobart.

Open Monday to Friday 9 am to 5 pm.

(03) 6231 0044 for appointments.

Email: admin@sass.org.au

Website: www.sass.org.au

SASS is a free service funded through the Department of Health and Human Services Tasmania.



MELALEUCA HOUSE
Trauma Recovery



SASS / Sexual Assault Support Service

Ph: (03) 6231 1811 Fax: (03) 6231 5370

24 hr Support Line: (03) 6231 1817

admin@sass.org.au

www.sass.org.au

97 Campbell St Hobart Tas 7000

PO Box 217 Nth Hobart Tas 7002

Melaleuca House is a counselling and support service that specialises in trauma recovery for survivors of sexual assault, whether recent or historical.

Melaleuca House offers:

- A safe place to work through difficult things
- Encourages understanding about thoughts and feelings and how to safely express them
- Provides positive foundations for living
- Encourages new coping skills
- Builds resilience
- Helps gain control of fear

What do people affected by sexual abuse/assault need?

- To feel safe
- To be believed
- To talk at their own pace or not at all
- To be listened to
- To be respected
- To understand that the abuse/assault was not their fault
- To understand their choices
- To remember their strengths

Services available for people affected by sexual assault/abuse and their supporters

- Counselling: individual and family
- Group programs
- Telephone counselling
- Referrals to other services
- Information – pamphlets, books and other resources relevant to coping with any traumatic event
- Support – with legal, medical or other professionals and systems

Services available for professionals

- Consultation
- Training
- Supervision
- Access to library and resources
- Information
- Debriefing
- Professional development and training



Melaleuca House provides a friendly and supportive environment. The service is FREE and CONFIDENTIAL. Any contact will be kept strictly private and confidential unless there is a risk to any persons safety.

Melaleuca House is mandated to report to the Department of Health and Human Services when a person under the age of 18 years has been abused or is at risk of abuse. Where possible this is done in consultation with those involved.

Counsellors use a range of modalities, both individually and in groups, which are all client centred and age appropriate including:

- Cognitive behavioural therapy
- Mindfulness Integrated CBT
- Psycho-education
- Solution focused therapy
- Narrative therapy
- Family therapy

Melaleuca House has male and female counsellors who are professionally trained in the fields of counselling, psychology, and social work.